

Christ Church C of E

Ireton Road

Colchester

☎ 01206 542307

✉ christ-church-vestry@btconnect.com

www.colchesterchristchurch.org.uk



Sunday 27th January 2019



Welcome to Christ Church

We extend a very warm welcome to everyone.

Services

Today

9.30 am Holy Communion
5.00 pm Confirmation service

Wednesday 30th January

10.00 am Holy Communion in
St Mary's Chapel

Sunday 3rd February

8.00 am Holy Communion in
St Mary's Chapel
9.30 am Morning Worship
4.30 pm Messy Church



Refreshments - the service will be followed by refreshments – please do stay and share some fellowship together.

Prayer - people are available in the Chapel after the service to pray with you for healing or for any other needs

Children are always welcome - Flames (Sunday School) meets together in the Headgate Room every Sunday during term time. All primary age children are very welcome and those who are younger too, if accompanied by an adult. Please do ask the door stewards for directions.

Hearing loop – there is a hearing loop in the building. If you use a hearing aid please set it to “+”.

Christ Church Anglican Congregation Vision Statement

“Through our worship, mission, nurture and service we want to enable all people to enter into a living relationship with Jesus Christ”

Diary for this week

Monday 28th January 2019

10.00 am Coffee +
7.30 pm Parentalk Course

Tuesday 29th

9.00 am Morning Prayer
10.00 am Time Together on Tuesday
3.15 pm FRoG Club

Wednesday 30th

10.00 am Holy Communion

Thursday 31st

9.00 am Breakfast Café

Friday 1st February

7.30 pm Splodgy Youth

Rector:

Rev'd Canon Paul Norrington
(01206) 563478

Associate Priest:

Rev'd Canon Pat Prestney
07825 222780

Church Wardens:

Rod Green
(01206) 768242
Judith Cronshaw
(01206) 543178

Church Treasurer:

Nigel Humphreys
(01206) 579379

Children and Family Worker

Emma Jarratt
07930 605674
emma@colchesterchristchurch.org.uk

Church Office:

Liz Bird
(01206) 542307
christ-church-vestry@btconnect.com

Service notes

Each week there will be space here for you to jot down any notes you want to make during the service

Greeting

PSALM 19 V 7:

The law of the Lord is perfect, reviving the soul.

The statutes of the Lord are trustworthy, making wise the simple.

Our young people leave, with a prayer

Opening Song: Rejoice, rejoice, Christ is in you

Please stand if you are able

Prayers of Penitence

Let us confess our sins in penitence and faith:

Most merciful God,

Father of our Lord Jesus Christ,

we confess that we have sinned

in thought, word and deed.

We have not loved you with our whole heart.

We have not loved our neighbours as ourselves.

In your mercy

forgive what we have been,

help us to amend what we are,

and direct what we shall be;

that we may do justly,

love mercy,

and walk humbly with you, our God.

Amen.

Absolution: May Almighty God have mercy on us, forgive us your sins, and bring us to everlasting life, through Jesus Christ our Lord. Amen.

Prayer:

Let us pray.....*silent prayer followed by:*

God of heaven, you send the gospel to the ends of the earth

and your messengers to every nation: send your Holy Spirit to

transform us by the good news of everlasting life in Jesus Christ our

Lord.

Old Testament reading: Nehemiah 8:1-3, 5-6, 8-10

This is the Word of the Lord: **Thanks be to God**

Hymn: Open Our Eyes

Gospel:

Please remain standing

Hear the Gospel of our Lord Jesus Christ according to Luke 4:14-21

Glory to you, O Lord.

At the end of the reading:

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit

A moment for personal reflection

Our statement of Faith

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

Prayers,

Please sit

The Peace:

Please stand

God will speak peace to his people, to those who turn to him in their hearts.
The peace of the Lord be always with you.
cf Psalm 85.8; 1 Samuel 12.20

The peace of the Lord be always with you. **And also with you.**

Offertory Song: Make me a channel of your peace

The Communion

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes

and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms and bring us with [*N and*] all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever.

The Lord's Prayer

please sit

As our Saviour taught us, so we pray

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

There is an opportunity for prayer – for healing, for concerns and for thanksgiving. Please feel able to move to the 'prayer place' to the left of the dais where someone will pray with you.

We share bread and wine together

Post communion prayer:

Generous Lord, in Word and Eucharist we have proclaimed the mystery of your love: help us so to live out our days that we may be signs of your wonders in the world; through Jesus Christ our Saviour. Amen

Post-communion Song: Colours of Day

Notices and our young people share their activity with us

The Blessing

Dismissal:

Go in peace to love and serve the Lord. **In the name of Christ. Amen.**

Hymn: I lift your name on high

please stand

CHRIST CHURCH PILGRIMAGE 30th May - 2nd June 2019

Our Pilgrimage to Bury St Edmunds walks from Bures to Bury, on Friday 31st May, Saturday and Sunday 1st and 2nd June, with a starting meal together at Christ Church on Thursday evening 30th May.

We will start from, and return to, Christ Church each day. A minibus will provide transport for walkers. There will be a programme for pilgrimage non-walkers at the Church.

More information and booking forms will be in the March edition of Parish News. Questions meanwhile? Please ask David or Clare Lankshear or Nigel or Sara Humphreys.

CRAFT, ACTIVITIES, MUSIC, TEA, FAMILY FUN FOR ALL.

Messy Church

Where I Belong



**SUNDAY 3rd FEBRUARY
4.30PM**

CHRIST CHURCH, IRETON RD

www.colchesterchristchurch.org.uk

www.facebook.com/christchurchcolchester/

Bring and Share Tea

Creation, Temptation and Jesus – the Sensation!

**Let there
be light!**
- the Musical

SATURDAY 9TH MARCH, 7.00 P.M.

ST. STEPHEN'S CHURCH, COLCHESTER

Performed by: **Wing and a Prayer** youth theatre company

Songs: Mark Brown

Arrangements: John Kingham

Christ Church Walking Group 2019

Put
the
date
in
your
diary!

Do you want to get out into the fresh air, have some exercise and enjoy relaxed, friendly conversation? If so, why not join us on the following walks?

Our regular local country walks are approximately 4-5 miles long and take place on Saturday mornings, departing from a car park at 11.00 am. We always start and finish at a local pub and most walkers stay for lunch.

Walks planned for 2019 are:

March 23rd
May 18th
July 6th
September 14th
November 16th

Routes to be confirmed later.
Any requests welcome.

For more information contact Martin Nelson or Julia van Schaik
Martin.nelson@colchester.gov.uk



- 12 Benefits of Walking**
1. Boosts Mood
 2. Improves Circulation
 3. Healthy Heart
 4. Tones Muscles
 5. Reduces Stress
 6. Improves Sleep
 7. Increases Energy
 8. Improves Balance
 9. Low Impact
 10. Boosts Metabolism
 11. Strengthens Bones
 12. Strengthens Joints

Prayer for the Week

Lord, by your grace may my eyes and ears stay open this week so that I don't miss an opportunity to see where you are at work and join in. Amen



The World

- We pray for wisdom and peace over the various political tensions around the world.
- The situations in Israel, Syria, Yemen, Iraq and Afghanistan.
- Those areas of the world affected severely with flooding, all those who face lack of clean water, starvation and homelessness.

National and Local

- Our Queen and those who govern our lands.
- Wisdom in Parliament at the current time.
- Those from our armed forces who are deployed around the world.
- Our emergency and security services
- Those who have concerns over employment, debt and relationships.
- Those affected by crime and terrorism across the country.

Our Church and pastoral needs

- Rev Canon Paul and Glyn Norrington
- Our ministry team
- Brian and Marilyn Beattie
- Valerie Denniss
- Those undergoing hospital tests, those recovering from surgery or receiving treatment and those who are unwell
- Those who mourn.
- Those struggling with everyday life both physically and mentally.
- The baptism and confirmation service at 5pm today and the candidates; Jacob Cant, Isla Harvey and Danni Thrower
- The Parentalk Course.

Streets of the week

Please pray for all those who live in Queens Road, The Avenue, Brook Lodge

Pastoral Prayer Care Groups

Please pray for Marilyn & Brian Beattie, Martin Hucker, Martin Nelson, Graham Read, Julia Van Schaik, Jean and Brian Taylor