



Morning Prayer for Sunday 4th June 2023
Trinity Sunday

In the name of the Father and the Son and the Holy Spirit.
Amen.

The Lord be with you. **And also with you.**

Prayer of preparation.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. **Amen.**

Hymn: Praise to the Lord, the Almighty, the King of creation

FLAMES Sunday School: we pray for young people and leaders as they go.

Penitence.

God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness and confess our sins to God our redeemer.

Pause for reflection

Father, you come to meet us when we return to you.
Lord, have mercy. **Lord, have mercy.**

Jesus, you died on the cross for our sins.
Christ, have mercy. **Christ, have mercy.**

Spirit, you give us life and peace.
Lord, have mercy. **Lord, have mercy.**

May the almighty and merciful Lord grant us pardon and forgiveness of all our sins, time for amendment of life and the grace and strength of the Holy Spirit. **Amen.**

Song: The Peruvian Gloria (unaccompanied)

Glory to God, glory to God, glory to the Father.

Glory to God, glory to God, glory to the Father.

To him be glory for ever. **To him be glory for ever.**

Alleluia, Amen. **Alleluia, Amen. Alleluia, Amen.**

Glory to God, glory to God, Son of the Father ...

Glory to God, glory to God, glory to the Spirit ...

The Collect.

Holy God, faithful and unchanging; enlarge our minds with the knowledge of your truth, and draw us more deeply into the mystery of your love, that we may truly worship you,

Father, Son and Holy Spirit, one God, now and forever.
Amen.

Old Testament Reading: Isaiah 40.12-17, 27-end

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Hymn: Holy, Holy, Holy, Lord God Almighty

Gospel reading: Matthew 28.16-end

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

Reflection.

Song: *(unaccompanied and repeated several times)*

Our God is an awesome God,
He reigns in heaven above
With wisdom, power and love
Our God is an awesome God.

The Creed.

Let us declare our faith.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord, who was conceived by the Holy Spirit, born of the virgin Mary,

suffered under Pontius Pilate, was crucified, died and was buried: he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Intercessions

The Lord's Prayer.

Our Father, which art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the kingdom, The power, and the glory, For ever and ever. Amen.

Reading: I Never Saw A Moor

I never saw a moor
I never saw the sea.
Yet I know how the heather looks,
And what a wave must be.

I never spoke with God,
Nor visited in heaven.
Yet certain am I of the spot
As if the chart were given.

(Emily Dickinson 1830-86)

Hymn: Be thou my vision

Blessing.

God the Holy Trinity make you strong in faith and love,
defend you on every side, and guide you in truth and peace.
And the blessing of God almighty, the Father, the Son and
the Holy Spirit be among you and remain with you, now and
forever. **Amen.**

Go in peace to love and serve the Lord.

In the name of Christ, Amen.