#### Christ Church Colchester

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www.facebook.com/ChristChurchcolchester





# Holy Communion 5<sup>th</sup> November 2023 We extend a warm welcome to everyone

Our Sunday services are being held in person in church and will be streamed live to our Facebook page at 9.30 am.

If you are not a Facebook user, the internet link to the service will be emailed out after the service has finished.

Giving is an important part of our worship. Did you know, one of the easiest way to give is by using the Parish Giving Scheme?

<a href="https://www.parishgiving.org.uk/donors/find-your-parish/colchester-christ-church-colchester/">https://www.parishgiving.org.uk/donors/find-your-parish/colchester-christ-church-colchester/</a>

#### Services and activities for this week and next Sunday:

http://www.colchesterchristchurch.org.uk/calendar/

#### Sunday 5<sup>th</sup> November

9.30am Holy Communion\*
3.00pm All Saints' service

#### Tuesday 7<sup>th</sup> November

9.00am Morning Prayer 10.00am Time Together

3.00pm FRoG

## Wednesday 8<sup>th</sup> November 10.00am Holy Communion

#### Sunday 12th November

9.30am Morning Worship\* 6.30pm Taize Workshop

\*Live streams: www.facebook.com/christchurchcolchester

### Prayers

**Focus for Prayer:** Father God, help me to be an encouragement to others. When they stumble, help me to be the arms to lift them up. When they need encouragement, help me to be the one to offer them solace. Amen.

**Pastoral Group Prayers** Please pray for Jennifer & Robert Bartholomew, Delia & Tony Bloom and Val Saunders

Just One Thing: Male frogs often spend winter in the muddy depths of ponds, breathing through their skin. But if the pond freezes over, gases caused by decaying plant material can get trapped and poison them. Remove debris from ponds now, and float a tennis or golf ball on the surface to prevent ice from sealing it.